

Thermodynamics of the early Universe

Bouametto, Chapter IV

Statistics of relativistic particles

Let's call dN the number of particles that at a time t are found in a phase-space volume ϵ around (\vec{x}, \vec{p})
 NB: here \vec{x} and \vec{p} are three-vectors

$$dN = f(\vec{x}, \vec{p}, t) d^3x d^3p$$

In a FRW f cannot depend on \vec{x} (homogeneity) and on the direction of \vec{p} , it can depend only on $p \equiv |\vec{p}|$

NB: only in this discussion p is the momentum module, not the pressure

From statistical mechanics:

$$f(p) = \frac{N_s}{(2\pi\hbar)^3} \frac{1}{\exp\left(\frac{E(p)}{k_B T}\right) \pm 1} \quad E^2(p) = p^2 c^2 + m^2 c^4$$

+ : fermions
- : bosons

The energy density is:

$$u = \int d^3p E(p) f(p) = \frac{N_s 4\pi}{(2\pi\hbar)^3} \int_0^\infty dp p^2 \frac{E(p)}{\exp\left(\frac{E(p)}{k_B T}\right) \pm 1}$$

Let's consider the case $pc \gg mc^2$, that applies to ultra-relativistic matter and to radiation:

$$\begin{aligned} u &= \frac{N_s 4\pi}{(2\pi)^3 \hbar^3} \int_0^\infty dp p^2 \frac{pc}{\exp\left(\frac{pc}{k_B T}\right) \pm 1} = \\ &= \frac{N_s}{2\pi^2} \frac{(k_B T)^4}{(\hbar c)^3} \int_0^\infty \frac{x^3 dx}{e^x \pm 1} = \frac{\pi^2}{30} \left(\frac{N_s}{\frac{7}{8} N_s}\right) \frac{(k_B T)^4}{(\hbar c)^3} \end{aligned}$$

Here N_s is the number of allowed spin states (or polarizations) and the two options in parenthesis refer to bosons (N_s) or fermions ($\frac{7}{8} N_s$). A similar integral must be solved for pressure, obtaining:

$$P = \frac{1}{3} \int d^3p p c f(p)$$

$$\hookrightarrow P = \frac{1}{3} u$$

The particle number density results:

$$n = \frac{N_s}{(2\pi\hbar)^3} 4\pi \int_0^\infty dp p^2 \frac{1}{\exp \frac{pc}{k_B T} \pm 1} = \frac{\zeta(3)}{\pi^2} \left(\frac{N_s}{\frac{3}{4} N_s} \right) \left(\frac{k_B T}{\hbar c} \right)^3$$

Here $\zeta(3)$ is Riemann's zeta function and is $\zeta(3) \approx 1.202\dots$

We can define the radiation constant $a_r = \frac{\pi^2 k_B^4}{15 \hbar^3 c^3}$
(usually called a , here we call it a_r not to confuse it with the scale factor)

$$\Rightarrow u = \frac{1}{2} \left(\frac{N_s}{\frac{7}{8} N_s} \right) a_r T^4, \quad n = \frac{15 \zeta(3)}{\pi^4} \left(\frac{N_s}{\frac{3}{4} N_s} \right) \frac{a_r T^3}{k_B}$$

Electromagnetic radiation:

In this case $m=0$, so these relations always apply at equilibrium. For a boson with $N_s = 2$:

$$u = a_r T^4, \quad n = \frac{30 \zeta(3)}{\pi^4} \frac{a_r T^3}{k_B}, \quad p = \frac{1}{3} a_r T^4$$

For the CMB at $z=0$: $T = 2.73 \text{ K}$

$$n_{\gamma 0} = 412 \text{ cm}^{-3}, \quad u_{\gamma 0} = 4.2 \times 10^{-13} \text{ erg cm}^{-3}$$

$$p_{\gamma 0} = \frac{u_{\gamma 0}}{c^2} = 4.67 \times 10^{-34} \text{ g cm}^{-3}$$

Thermal soup:

In the early Universe we have several species of relativistic particles in equilibrium, that contribute to the energy density.

We write this as:

$$u = \frac{\pi^2}{30} g^* \frac{(k_B T)^4}{(\hbar c)^3}, \quad g^* = N_{\text{bos}} + \frac{7}{8} N_{\text{fer}}$$

so g^* gives the sum of all possible states of bosons + $\frac{7}{8}$ of all the possible state of fermions

$$n = \frac{\zeta(3)}{\pi^2} \tilde{g} \left(\frac{k_B T}{\hbar c} \right)^3, \quad \tilde{g} = N_{\text{bos}} + \frac{3}{4} N_{\text{fer}}$$

To these we must add:

- + non-relativistic particles
- + decoupled particles
- + particles that never were in equilibrium

Thermodynamics of an expanding volume

We know from basic thermodynamics that:

$$dU = -p dV + T dS$$

Here p is pressure again. This relation means: the internal energy U varies like $-p dV$ for a transformation at constant entropy S , like $T dS$ at constant V .

We apply this relation to an expanding, "comoving" volume.

Lets call $\mu \equiv \frac{dU}{dV}$ and $\sigma \equiv \frac{dS}{dV}$ the energy and entropy densities. We can write:

$$\sigma = \frac{1}{T} \frac{dU + p dV}{dV} = \frac{\mu + p}{T}$$

It is possible to obtain a relation between σ and p as follows.

Consider the free energy: $F = U - TS$

$$dF = dU - S dT - T dS = -p dV - S dT$$

$$\Rightarrow \frac{\partial F}{\partial V} = -p, \quad \frac{\partial F}{\partial T} = -S$$

$$\frac{\partial}{\partial T} \frac{\partial F}{\partial V} = -\frac{\partial p}{\partial T} = \frac{\partial}{\partial V} \frac{\partial F}{\partial T} = -\frac{dS}{dV} = -\sigma$$

$$\Rightarrow \sigma = \frac{\partial p}{\partial T}, \quad \mu = -p + T \frac{\partial p}{\partial T}$$

For a relativistic fluid: $p \propto T^4$, $\frac{\partial p}{\partial T} = 4 \frac{p}{T}$

$$\Rightarrow \mu = 3p, \quad \sigma = \frac{4}{3} \frac{\mu}{T}$$

We can then write:

$$\sigma = \frac{4\pi^2}{90} \left(\frac{N_s}{\frac{7}{8} N_b} \right) k_B \left(\frac{k_B T}{\hbar c} \right)^3 = \frac{4\pi^2}{90 \zeta(3)} \left(\frac{1}{6} \right) k_B \mu$$

For bosons: $\sigma = \frac{4}{3} a_\pi T^3 \simeq 3.60 k_B \mu$

For a thermal soup: $\frac{\sigma}{k_B \mu} = \frac{4\pi^2}{90 \zeta(3)} \frac{g^*}{g}$

For constant g^* and \tilde{g} : $\sigma \propto n$, $n \propto a^{-3}$

$\Rightarrow S = a^3 \sigma$ is conserved

Let's define: $\eta = \frac{M_b}{M_\gamma} = 3.60 k_B \frac{M_b}{\sigma_\gamma} \approx 2.68 \times 10^8 \Omega_b h^2 \approx 5.97 \times 10^{-10}$

When both M_b and M_γ vary $\propto a^{-3}$, η is conserved.

$\eta^{-1} \propto \frac{\sigma_\gamma}{n_b}$ is proportional to the entropy per baryon.
(photons dominate the entropy at late times)

Entropy conservation

If S is conserved, then $dS = 0$ and we get back to

$$dU = -p dV$$

consistent with third Friedmann equation:

$$\dot{\rho} c^2 + 3 \frac{\dot{a}}{a} (\rho c^2 + p) = 0$$

This can be developed as:

$$\frac{d}{dt} (\rho c^2 a^3) + p \frac{d}{dt} (a^3) = 0 \Rightarrow \frac{d}{dt} [(\rho c^2 + p) a^3] = a^3 \frac{dp}{dt}$$

Now: $S = \sigma a^3 = \frac{u+p}{T} a^3 = \frac{\rho c^2 + p}{T} a^3$

$$\dot{S} = \frac{d}{dt} \left[\frac{\rho c^2 + p}{T} a^3 \right] = \frac{a^3}{T} \dot{p} - S \frac{\dot{T}}{T}$$

Suppose $p = p(T)$, $\dot{p} = \frac{\partial p}{\partial T} \dot{T}$, $\sigma = \frac{\partial p}{\partial T}$

$$\Rightarrow \frac{a^3}{T} \dot{p} = a^3 \sigma \frac{\dot{T}}{T} = S \frac{\dot{T}}{T} \Rightarrow \frac{dS}{dt} = 0$$

So if p is only a function of T and decreases because T decreases, the entropy of a comoving volume $S = a^3 \sigma$ is conserved

Thermal soup

$$\sigma = g^*(T) \frac{2}{3} a^2 T^3$$

where it has been made explicit that g^* is a function of T , because particles can annihilate or decouple when T decreases.

So the conservation of $S = \sigma a^3$ implies that:

$$g^{*1/3} a T = \text{const}$$

for most of the universe history

Temperature jump at annihilation

Suppose that g^* varies quickly (with respect to expansion, that is on a timescale $\ll H^{-1}$) for instance because some particle-antiparticle pairs annihilate when $k_B T \sim mc^2$

Then, calling (-) the time before and (+) the time after the annihilation:

$$S_{(-)} = S_{(+)} \Rightarrow g_{(-)}^{*1/3} T_{(-)} = g_{(+)}^{*1/3} T_{(+)}$$

The decrease of g^* due to annihilation gives a temperature jump:

$$T_{(+)} = \left(\frac{g_{(-)}^*}{g_{(+)}^*} \right)^{1/3} T_{(-)}$$

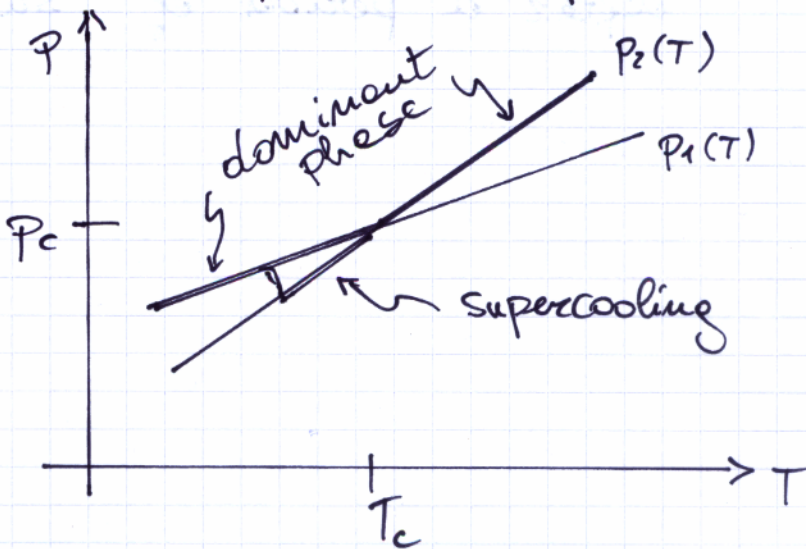
This relation will be crucial to understand the temperature of the neutrino background.

Entropy production during a phase transition

Suppose that two phases are present in a fluid, with pressures

$$P_1(T), P_2(T)$$

The dominant phase is that at higher pressure, because it can nucleate bubbles in the other phase



Phase transition can take place at

$$T = T_c, P = P_c$$

where $P_1(T_c) = P_2(T_c)$

The derivatives of p_1 and p_2 may not be equal at T_c . It is not possible that all derivatives are equal of course, because $p_1(T) \neq p_2(T)$

The order of phase transition is the first derivative that is not equal:

$$\frac{d^n p_1}{dT^n}(T_c) \neq \frac{d^n p_2}{dT^n}(T_c)$$

In the figure before we have a first-order phase transition.

Suppose now that the pressure of the fluid is

$$p = p(T, \vartheta)$$

where the further parameter ϑ is, e.g., the fraction of mass in phase 1.

Then:

$$\begin{aligned} \dot{S} &= -S \frac{\dot{T}}{T} + \frac{a^3}{T} \dot{p} = -\cancel{S \frac{\dot{T}}{T}} + a^3 \frac{\partial p}{\partial T} \frac{\dot{T}}{T} + a^3 \frac{\partial p}{\partial \vartheta} \frac{\dot{\vartheta}}{T} \\ &= a^3 \frac{\partial p}{\partial \vartheta} \frac{\dot{\vartheta}}{T} \end{aligned}$$

If the phase transition occurs at equilibrium, when $T = T_c$, $p_1 = p_2$ and $\frac{dp}{d\vartheta} = 0$

So to create entropy one needs a phase transition of first order that takes place out of equilibrium, after a period of "supercooling".